



CARRIAGE MANOR PICKLEBALL CLUB

What do you get when you cross the games of badminton, ping pong and tennis? It's one of the fastest growing games in the country – **PICKLEBALL!** This is a game which is “easier on the body and the joints”. Both the paddle and ball are light, therefore there are fewer impacts or elbow injuries.



The game of Pickleball involves an underhand serve and limited running, making this an ideal sport for the young “mature” person. Played with an oversized paddle, one can become a “Wimbledon Wonder” without too much effort!

Scheduled court time use has been set up for novices, beginners and “pro” Pickleball players. The schedule is posted on the Pickleball bulletin board by the mailbox drop-off. Lessons will be provided along with the basic equipment required to play this game. Come out and enjoy yourself. Our purpose is to promote fun and have some friendly recreational (and sometimes very competitive) games of Pickleball.

